## **Centre For Liberal Arts (CFLA) KPR Institute of Engineering and Technology**



Event No. : 5

Date : 24.03.2022

Venue : Raagam Hall

Type of Event : Workshop

Title of the Event : Workshop on "Positive Thinking"

In Association with : -

Resource Person : Dr Babu Rangarajan & Dr Roja Ramani,

Head & Associate Head,

Centre for Human Excellence, KPRIET

Convener : **Dr Vanitha S**, Head / CFLA

Coordinator : **Ms. Kalpana T,** Students Counsellor, CFLA

No. of Participants : 200+ II-year students (Academic year 2021-2022)

#### **Outcome:**

The program has been organized by the Centre for Liberal Arts. It is planned as a part of course "Goal Setting, Team Building and Positive Thinking"

The speakers of the session are Dr Babu Rangarajan & Dr Roja Ramani, Head & Associate Head, Centre for Human Excellence, KPRIET. This session initially starts with creating awareness to the students about the importance of Positive Thinking. This session provides insights about why it is necessary to build the art of positive thinking in day-to-day life. The session provides more practical examples to help the students apply and think positive in their real-life time which will definitely help them to build a support sounding environment.

The event is started with the welcome address given by Dr. Vanitha S, Head/CFLA. The students from II-year Goal Setting, Team Building and Positive Thinking participated the event. The program was attended by 400 students. The session outcome and feedback received from the participants are excellent and they eagerly participated the program. The resource person clarified their doubts as well.

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### CENTRE FOR LIBERAL ARTS

organises a webinar on

### "POSITIVE THINKING"

DATE: 24.03.2022

TIME : 02.30 PM TO 04.00 PM

**VENUE: RAAGAM HALL** 

SPEAKERS OF THE SESSION

Mr. Babu Rangarajan, Head, Centre for Human Excellence, KPRIET Ms. Roja Ramani, Associate Head, Centre for Human Excellence, KPRIET





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#### **FEEDBACK:**

This workshop let us know about the importance of positive thinking in everyday life.

The speaker helps in providing the clear picture of how negative and positive thinking plays an important role in leading happy life.

It really helps to focus more on positives in life.

**ATTENDANCE:** 200+ III-year students (Academic year 2021-2022)